

Course dates

Flexibility: The Art and Science of Stretching
 2 day course



London	Sat 26 th – Sun 27 th Mar 2011	09.00-17.00
Oxford	Sat 21 st – Sun 22 nd May 2011	09.00-17.00

Postural Assessment and Correction
 2 day course



Oxford	Sat 2 nd – Sun 3 rd April 2011	09.00-17.00
Oxford	Sat 14 th – Sun 15 th May 2011	09.00-17.00

The Science of Torso Training
 2 day course



Oxford	Sat 11 th – Sun 12 th June 2011	09.00-17.00
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